These geese have a diamond in a third color embedded in the goose (see Figure 1).

Start by making a square-in-a-square using Fabric A \& Fabric C.


Figure 1


Size to cut fabric (Figure 2):

- Fabric A - cut one square the finished width of the geese $+1 \frac{1}{2 \prime \prime}$
- Fabric C - cut four squares HALF the size of fabric $A+1 / 2^{\prime \prime}$

Figure 2

Follow the Sew \& Flip technique sheet to complete the square-in-a-square (Figure 3).

Use the square-in-a-square unit as Fabric A in the NoWaste Flying Geese. Follow that technique sheet using Figures 4 through 8 below.


Figure 3



Figure 5


Figure 6


Figure 7


Figure 8

